

## Week 1

### Blessing:

**V:** Stir up Thy power, we beseech Thee,  
O Lord, and come:  
that from the threatening dangers of our sins we may  
deserve to be rescued by Thy protection,  
and to be saved by Thy deliverance.  
Who livest and reignest, with God the Father, in the  
unity of the Holy Ghost, world without end.

**R.** Amen.

**V:** Alleluia, alleluia. Ostende nobis,  
Domine, misericordiam tuam, et salutare tuum da  
nobis. Amen.  
(Alleluia, alleluia. Show us, O Lord, Thy mercy; and  
grant us Thy salvation. Alleluia.)

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## Week 2

### Blessing:

**V:** Stir up our hearts, O Lord, to prepare the way of  
Thine only-begotten Son:  
that through His coming we may attain to serve Thee  
with purified minds.  
Who liveth and reigneth, with God the Father,  
in the unity of the Holy Ghost,  
world without end.

**R.** Amen

**V:** Alleluia, alleluia. Laetatus sum in his quae dicta  
sunt mihi: in domum Domini ibimus. Alleluia.  
(Alleluia, alleluia. I rejoiced at the things that were  
said to me: We shall go unto the house of the Lord.  
Alleluia.)

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## Week 3

### Blessing:

**V:** Incline Thine ear, we beseech Thee,  
O Lord, to our petitions:  
and, by the grace of Thy visitation,  
enlighten the darkness of our minds.  
Who livest and reignest,  
with God the Father, in the unity of the Holy Ghost,  
world without end.

**R.** Amen.

**V:** Alleluia, alleluia. Excita, Domine, potentiam tuam,  
et veni ut salvos facias nos. Alleluia.  
(Alleluia, alleluia. Stir up, O Lord, Thy might, and  
come to save us. Alleluia.)

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## Week 4

### Blessing:

**V:** O Lord, we beseech Thee,  
stir up Thy power, and come,  
and with great might succor us:  
that by the help of Thy grace,  
that which is hindered by our sins may be hastened  
by Thy merciful forgiveness:  
Who livest and reignest, with God the Father, in the  
unity of the Holy Ghost, world without end.

**R.** Amen.

**V:** Alleluia, alleluia. Veni, Domine, et noli tardare:  
relaxa facinora plebis tuae Israel. Alleluia.  
(Alleluia, alleluia. Come, O Lord, and tarry not: forgive  
the sins of Thy people Israel. Alleluia.)

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